



Pine Scented Geranium
Pelargonium denticulatum

Medicinally scented geranium is useful against inflammation. It is an anti-depressant, antiseptic, astringent and increase circulation.



Curry Plant
Helichrysum italicum

The leaves have a strong and distinctive curry fragrance and although not used in cooking, they can be added to salads. Can also be used when smoking meat to add a distinctive flavour.



Salvia White
Salvia nemerosa

Has a stunning display of clear white flowers for a lengthy period in summer. The leaves have been used in Turkish medicine to stop bleeding by applying externally. Flowers attract bees and butterflies.



Salvia Hotlips
Salvia microphylla

Leaves have a scent of blackcurrant and can be used fresh or dried as a flavouring in an herbal tea.



Purple Vervain
Verbena bonariensis

Flowers attract bees and butterflies.



Tansy or Golden Buttons
Tanacetum vulgare

Dried leaves have been used to make teas but current uses of this plant in teas, food and medicine are almost non-existent. Flowers attract bees and butterflies.



Strawberry
Fragaria × ananassa

The red, sweet, fleshy portion of a strawberry is an “accessory fruit” that holds the true fruits. Each of the seeds on the pitted surface are individual achenes developed from the flower’s ovaries. They hang on long pedicels.



Society Garlic - variegated
Tulbaghia violacea

Leaves and flowers are edible and may be used to replace chives or spring onions in salads.

